

# Methods of Suicide

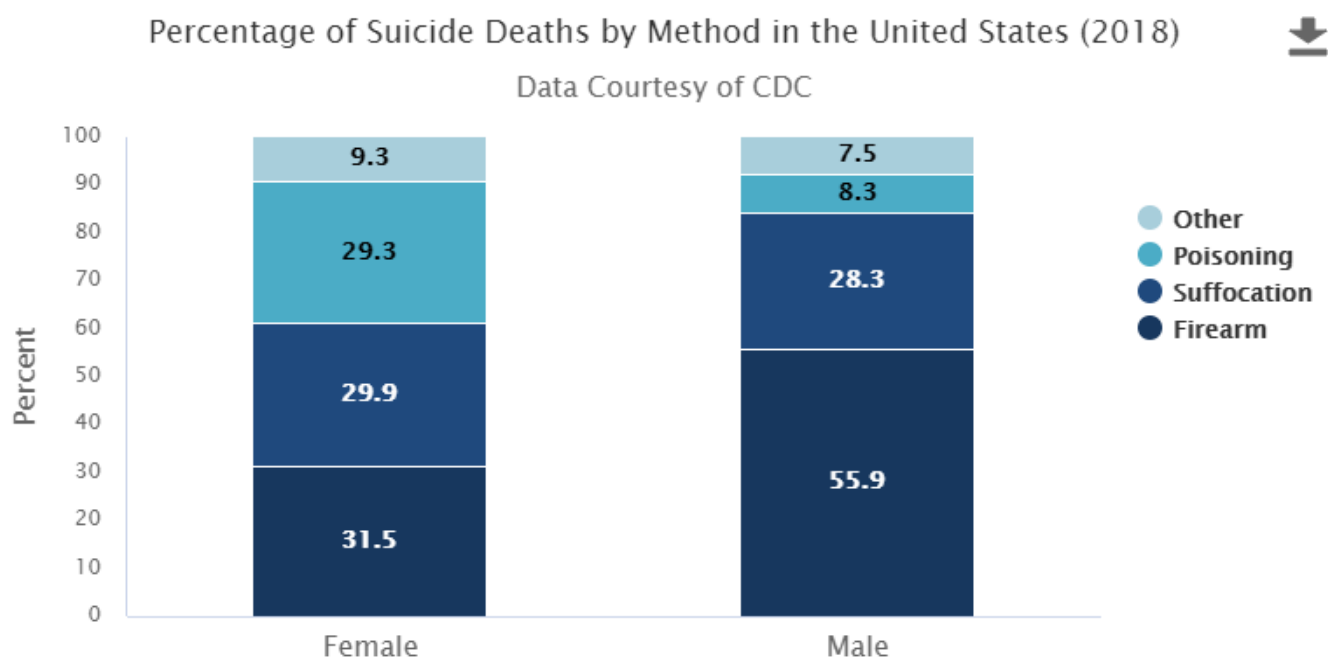
## [NIH](2018)

Suicide by Method (2018) Data Courtesy of CDC		↓
Suicide Method	Number of Deaths	
Total	48,344	
Firearm	24,432	
Suffocation	13,840	
Poisoning	6,237	
Other	3,835	

## Percent of Suicide Deaths by Method

- Figure 5 shows the percentages of suicide deaths by method among males and females in 2018. Among males, the most common methods of suicide were firearm (55.9%) followed by suffocation (28.3%). Among females, the most common methods of suicide were firearm (31.5%), suffocation (29.9%), and poisoning (29.3%).

Figure 5



National Institute of Mental Health 2018 -

[https://www.nimh.nih.gov/health/statistics/suicide.shtml#part\\_154971](https://www.nimh.nih.gov/health/statistics/suicide.shtml#part_154971)

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